

Professional Massage Therapy Program Coursework Requirements

Course Number	Course Title	Class Hours	Lab Hours	Clock Hours	Graded or Pass/Fail
AC 103	Spirituality & Massage I	4	-	4	Pass/Fail
AC 102	Ethical Issues	9	-	9	Pass/Fail
AC 201	Business Practices and Communications	30	-	30	Graded
AC 203	Adult CPR	4	-	4	Pass/Fail
AC 204	Spirituality & Massage II	4	-	4	Pass/Fail
AC 205	Basic First Aid	4	-	4	Pass/Fail
AC 206	Spirituality III	4	-	4	Pass/Fail
MT 100	Swedish Massage	45	5	50	Graded
MT 101	Reflexology I	18	5	23	Graded
MT 103	Chair Massage	18	16	34	Graded
MT 105	Self-Care for Massage Therapists	4	-	4	Pass/Fail
MT 102	Intermediate Massage	36	15	51	Graded
MT 106	Practicum Prep	4	-	4	Pass/Fail
MT 104	Massage and the Abused	8	-	8	Pass/Fail
MT 201	Geriatrics and Massage	18	-	18	Graded
MT 204	Massage and Pregnancy	18	-	18	Graded
MT 309	Structural Analysis	14	-	14	Graded
MT 303	Acupressure I	30	5	35	Graded
MT 304	Muscular Therapy: Deep Tissue I	42	5	47	Graded
MT 305	Integrated Massage Techniques: Reflexology	4	-	4	Pass/Fail
MT 306	Myofascial Release	24	5	29	Graded
MT 402	Integrated Massage Techniques: Myofascial	4	5	9	Pass/Fail
MT 307	Muscular Therapy: Deep Tissue II	33	5	38	Graded
MT 308	Muscular Therapy: Deep Tissue III	36	5	41	Graded
MT 403	Integrated Massage Techniques: Muscular Therapy	4	5	9	Pass/Fail
MT 405	Myofascial Release II	21	5	26	Graded
MT 301	Sports Massage	48	5	53	Graded
MT 401	Integrated Massage Techniques: Sports	4	5	9	Pass/Fail
SC 101	Anatomy and Physiology I	26	-	26	Graded
SC 104	Medical Terminology & Documentation	15	-	15	Graded
SC 106	Standard Precautions	2	-	2	Pass/Fail
SC 201	Anatomy and Physiology II	29	-	29	Graded
SC 103	Kinesiology & Clay Lab	44	-	44	Graded
SC 205	Anatomy and Physiology III	23	-	23	Graded
SC 206	Anatomy and Physiology IV	23	-	23	Graded
SC300	Neurology	20	-	20	Graded
SC 202	Pathology & Infectious Disease	35	-	35	Graded
Total Hours		709	91	800	

Reflexology Program Coursework Requirements

Course Number	Course Title	Class Hours	Lab Hours	Clock Hours	Graded or Pass/Fail
AC 102	Ethical Issues	9	-	9	Pass/Fail
AC 201	Business Practices and Communications	30	-	30	Graded
AC 203	Adult CPR	4	-	4	Pass/Fail
AC 205	Basic First Aid	4	-	4	Pass/Fail
MT 101	Reflexology I	18	5	23	Graded
MT 203	Reflexology II	18	5	23	Graded
MT 302	Reflexology III	27	5	32	Graded
MT 106	Practicum Prep	4	-	4	Pass/Fail
MT 404	Reflexology IV	35	-	35	Graded
SC 101	Anatomy and Physiology I	26	-	26	Graded
SC 103	Kinesiology & Clay Lab	44	-	44	Graded
SC 201	Anatomy and Physiology II	29	-	29	Graded
SC 104	Medical Terminology & Documentation	15	-	15	Graded
SC 105	Standard Precautions	2	-	2	Pass/Fail
SC 205	Anatomy and Physiology III	23	-	23	Graded
SC 206	Anatomy and Physiology IV	23	-	23	Graded
AC 103	Spirituality I	4	-	4	Pass/Fail
Total Hours		315	15	330	

Chair Massage Program Coursework Requirements

Course Number	Course Title	Class Hours	Lab Hours	Clock Hours	Graded or Pass/Fail
AC102	Ethics	9	-	9	Pass/Fail
AC103	Spirituality I	4	-	4	Pass/Fail
AC201	Business Practices and Communications	30	-	30	Graded
AC 203	Adult CPR	4	-	4	Pass/Fail
AC 205	Basic First Aid	4	-	4	Pass/Fail
SC 101	Anatomy and Physiology I	26	-	26	Graded
SC105	Standard Precautions	2	-	2	Pass/Fail
SC201	Anatomy and Physiology II	29	-	29	Graded
SC103	Kinesiology & Clay Lab	44	-	44	Graded
SC 205	Anatomy and Physiology III	23	-	23	Graded
SC 206	Anatomy and Physiology IV	23	-	23	Graded
MT100	Swedish Massage	45	5	50	Graded
MT105	Self-Care	4	-	4	Pass/Fail
MT103	Chair Massage	18	16	34	Graded
MT 106	Practicum Prep	4	-	4	Pass/Fail
MT206	Chair Massage II	36	4	45	Graded
		305	25	330	