



SPA TOUCHES WORKSHOP

Presented by: Sister Rosalind Schools & Clinics of Massage

Instructor: Kate Wolff, NCTMB

March 24, 2009

Time: 6-9 p.m.

Course Description: Learn to add touches of spa to your practice without "breaking the bank". Students will learn how to make their own natural hand and foot scrubs. Then, learn to incorporate the use of hot towels, hand and foot scrubs, aroma therapy, and dry brushing.

Instructor Bio: Kate Wolff, C.M.T.

Kate Wolff is a graduate of Sister Rosalind Gefre Schools and Clinics of Massage. She has been teaching at Sister Rosalind's since the summer of 2003. Kate is Nationally Certified and is working both in her private practice and at Solimar Wellness Spa in Eagan.

Location: Sr. Rosalind Gefre Schools and Clinics of Massage WSP Campus • 149 E Thompson Ave #150 • West St. Paul • just off of South Robert Street.

COST: \$55.00

Please bring the following to your workshop:

- Set of sheets
- 3 hand towels (same thickness and size)
- Small container with lid
- Oil.

Optional: eye pillow and heavy wool blanket (i.e. army or Mexican blanket) Young Living essential oil.

Contact Person: Sheri Bongaarts or Jennifer Maudal, WSP Campus 651-554-3010



I plan to attend the **SPA TOUCHES** Workshop: 3/24/09 6-9p.m.

First Name: _____ Last Name: _____

Address _____

City _____ ST _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____

Total Cost: _____ Discount if Applicable: _____ Paid: _____ Check No _____

Payment Method: Cash Check (enclosed) or Credit Card (Visa, MC, Discover)

Type of Card _____ Card Number _____ Expiration Date _____


 Sister Rosalind Gefre
 Schools and Clinics of Massage

Graduate Member

Employee Discount

****A \$35.00 non-refundable admission fee** will be deducted from your registration if you cancel.

****Seminar is subject to cancellation** in the event that there are not enough participants. Space is limited to 12 participants per class, so register today! We will call to confirm your registration for the workshop. ****Please make checks payable to Sister Rosalind Gefre Schools & Clinics of Massage.**