



**ORTHOPEDIC MASSAGE & PAIN MANAGEMENT**  
**WEEKEND SEMINAR FOCUSING ON**  
**LOWER BODY ORTHOPEDIC MASSAGE**

*PRESENTED BY JAMES WASLASKI, NCBTMB*

[www.orthomassage.net](http://www.orthomassage.net)

Course Dates: May 30-June 1, 2008

Course Times: Friday Evening 6:00pm to 10:00pm

Saturday and Sunday classes begin at 9:00am and end at 6:00pm

***FRIDAY EVENING LECTURES ARE OPEN TO THE PUBLIC AND  
ARE FREE OF CHARGE.....COME JOIN US!***

**James Waslaski** is an Author and International Lecturer who has pioneered deep pain free orthopedic and medical massage techniques for the treatment of chronic pain and sports injuries. With over 20 years experience in the medical profession and extensive work with professional and Olympic athletes, he now teaches approximately 40 seminars per year throughout the United States, Canada, Ireland, Scotland, London, Greece, Australia, Costa Rica, Puerto Rico and the Caribbean. James has produced a series of six videotapes on sports injuries and complicated orthopedic conditions. He has presented at State, National and International conventions, including a keynote speech in Sydney Australia, the Olympic Training Center in Australia, the College of Sports Medicine, and at Chiropractic Conventions in Florida and South Carolina. His numerous articles have been published in magazines worldwide. James has received the 1999 International Achievement Award for educating medical practitioners throughout the world towards integrated pain free healing. For detailed information go to [www.orthomassage.net](http://www.orthomassage.net)

**Lower Body Orthopedic Massage Seminars** are structured in a way that the participant leaves with a working knowledge and emphasis on restoring *pain free* range of motion throughout the body and integrating structural balance. Practitioners will address chronic pain and other injury conditions with emphasis on understanding and correcting the causes and pathology of each specific condition. Lower body seminar conditions addressed are plantar fasciitis, shin splints, ankle sprains, sciatica, patellar tendinitis, hamstring strains, stress fractures, Achilles tendinitis, meniscus tears, low back pain, SI joint dysfunction, bulging discs, spinal stenosis, joint arthritis, chondromalacia, complicated knee pain, ITB friction syndrome and scar tissue.

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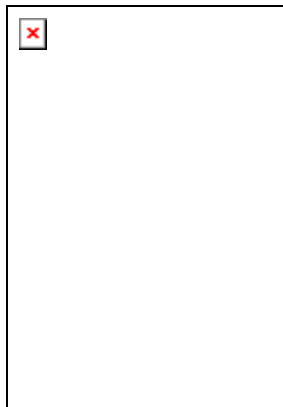
**The Center for Pain Management** educates practitioners on history taking and an ongoing process of evaluations to allow you to match the appropriate modality with the exact underlying condition. Practitioners will format a unique multidisciplinary approach to restore structural balance and eliminate pain based on the information obtained in the initial assessment. *Medical precautions will be addressed.* Seminar participants will be given an individually designed home care program for their clients based on the assessment and treatment for their specific condition. They will then be educated to eliminate dysfunctions due to trauma, repetitive motions and poor postural patterns.

**Seminar Location: Sr. Rosalind Gefre Schools of Massage**  
**3101 39<sup>th</sup> Street SW**  
**Suite E**  
**Fargo, ND 58104**

**Seminar Contact: Desray**  
**701-297-5993**

**Seminar Fee: \$350.00**

**20 CEU's for this Seminar**



[www.orthomassage.net](http://www.orthomassage.net) 800-643-5543